# disenfranchised doggerel janet kuypers 07/31/09

poetry read at Mercury Cafe, with music from Order from Chaos

#### table of contents

About the Author	3
Knotted Hate	4
Escape	
Untitled	
Rape Education Two	
I Don't Care	
the Moon	
From The Dead	
Rendering Me	
Find Myself	
My Blood	
Naivety	
A Crying Baby	
My/I Cannot Love	
The Tears	
Knife	
My Attempted Death	
, ,	
bonus poetry (with music from Order	from Chaos,
He's Gone	-
Memorial Day	

#### About the Author

Janet Kuypers has a Communications degree in News/Editorial Journalism (starting in computer science engineering studies) from the UIUC. She had the equivalent of a minor in photography and specialized in creative writing. A portrait photographer for years in the early 1990s, she was also an acquaintance rape workshop facilitator, and she started her publishing career as an editor of two literary magazines. Later she was an art director, webmaster and photographer for a few magazines for a publishing company in Chicago, and this Journalism major was even the final featured poetry performer of 15 poets with a 10 minute feature at the 2006 Society of Professional Journalism Expo's Chicago Poetry Showcase

She sang with acoustic bands *Mom's Favorite Vase, Weeds and Flowers* and *the Second Axing,* and does music sampling. Kuypers is published in books, magazines and on the internet around 6,300 times for writing, and over 2,000 times for art work in her professional career, and has been profiled in such magazines as <u>Nation</u> and <u>Discover U</u>, and was nominated as Poet of the Year for 2006 by the International Society of Poets. She has also been highlighted on radio stations, including WEFT (90.1FM), WLUW (88.7 FM), WZRD (88.3FM), WSUM (91.7FM), WLS (8900AM), Q101 (101.9FM), the internet radio stations ArtistFirst.com, chicagopoetry.com's Poetry World Radio and Scars Internet Radio (SIR). She has been seen on WPWR TV, and has also appeared on television for poetry in Nashville and Chicago (and Kuypers was interviewed on her art work on Urbana's CBS station, WCIA, channel 3 10 o'clock news).

Inducted as a Poetry Ambassador during Poetry Month in 2006 & 2007, and nominated to be Poet of the Year in 2007, Kuypers turned her writing into performance art on her own and with musical groups like *Pointless Orchestra*, 5D/5D, Order From Chaos, The Bastard Trio and The JoAnn Powlers Trio, and starting in 2005 Kuypers ran a monthly iPodCast of her work, as well as an Internet radio station (JK Radio 2006-2008), which later became a part of Scars Internet Radio (2006-2009). She ran the Chaotic Radio show (an hour long Internet radio show 1.5 years, 2006-2007) through BZoO.org and chaoticarts.org. She has performed spoken word and music across the country — in the spring of 1998 she embarked on her first national poetry tour, with featured performances, among other venues, at the Albuquerque Spoken Word Festival during the National Poetry Slam; her bands have had concerts in Chicago and in Alaska; in 2003 she hosted and performed at a weekly poetry and music open mike (called "Sing Your Life"), and from 2002 through 2005 was a featured performance artist, doing quarterly performance art shows with readings, music and images.

In addition to being published with Bernadette Miller in the short story collection book Domestic Blisters, as well as in a book of poetry turned to prose with Eric Bonholtzer in the book Duality, Kuypers has had many books of her own published: Hope Chest in the Attic, The Window, Close Cover Before Striking, (woman.), Autumn Reason, the Average Guy's Guide (to Feminism), Contents Under Pressure, etc., and eventually The Key To Believing, Changing Gears, The Other Side, The Boss Lady's Editorials, The Boss Lady's Editorials (2005 Expanded Edition), Seeing Things Differently, Changel Rearrange, Death Comes in Threes, Masterful Performances, Six Eleven, Live at Cafe Aloha, Dreams, Rough Mixes, The Entropy Project, The Other Side (2006 Edition), Stop., Sing Your Life, cc&d v165.25 (an art book), The Beauty and the Destruction Writing to Honour & Cherish: the Kuypers Edition, Blister and Burn: the Kuypers Edition, S&M, Distinguished Writings: the Kuypers Edition, Living in Chaos, Tick Tock, Silent Screams, Taking It All In, It All Comes down, Rising to the Surface, Galapagos, Chapter 38 (three books: v1, v2 and v3), Finally, Literature for the Snotty and Elite (three books: v1 & v2, & part 1), a Wake-Up Call From Tradition, and (recovery). Three collection books were also published of her work in 2004, Oeuvre (poetry), Exaro Versus (prose) and L'arte (art).

#### **Knotted Hate**

I can't see my dying friend because his relative fat rich bitch calls me selfish because I wouldn't instantaneously give away what money I don't have to his employed wife

how selfish of me, The one without a job trying to keep myself out of debt

okay, girl
you can't tell her how wrong she is
and you can't tell her how
she is truly the self-centered one
so knot up the hate
add it to that tight little ball
that's been growing inside you
all these years

you remember what it's like:
you didn't want to know the names
of the people
who hit your car
when you were stopped at an intersection
when you were doing nothing wrong
but being a sitting duck
and were almost killed

waiting for that final shot from the hunter, looking for his final kill you know people will listen right after you're attacked by an ex-gang member

but when you're underlyingly taught That things like sexual abuse are your fault, well, that's when you have to add more emotion to the knot

that ball of hate has been growing since that acquaintance rapist ex of yours made your hate flourish with more phone calls, cards, letters, even recorded audio

his stare scared you and you feared the tears if you saw him in the distance on the street

you swallow your tears
and stifle your hatred
when even the thought of him
instigated the constant pain
and the medical clinic
for round number one
of body-harming medications
since the American solution
to solving all health problems
is popping a pill

but girl,
you know you've dealt with this your whole life
because your fifties-styled family
was probably just like every other family:
with a nice-looking exterior
and well-mannered children in public
because children couldn't show their feelings,
their resentment
or their harred

From their constant emotional battles without consequence

you poor thing you've been working for all these years on that knot of hate it's been growing quite steadily you have a permanent place inside you for it

you've been trained well to not let people see what's wrong to not let people see your hatred because that would be improper

you can't let anyone else feel what you feel you can do this yourself take it all in like the proper fifties housewife You've been trained to be

keep that knotted hate
as that perfect circle
don't let any of it out
and don't worry about it's effect on you
I'm sure there's a drug out there
that will numb you
into not caring anymore

### Escape

edited 2009

while trapped i knew my body had to recover

but for my soul being there was like drowning every day

week after week i was gasping for air looking for a way to escape

#### Untitled

A song has never made me cry so hard my work has lost its meaning and life has gone too far

# rape education two

I told a friend that I worked for acquaintance rape action groups

she confided in me told me that she was raped when she was sixteen

you see, it went like this: her boyfriend was 23 she was just in high school and she was drunk and she didn't know what to do

and all I could think
was that more and more people
are telling me
stories like this

#### I Don't Care

(ending edited 07/01/09, 2nd to last verse edited 07/08/09)

I've realized something about people they're cold Cold as ice in a winter storm

People don't care about other people

Only themselves

"Hello. How are you?"
Respond with anything other than "fine" and you get a blank stare

as if they want to ask
"Why are you telling me this?
I don't care."

Why is it that when there is a car accident others just drive by they may slow down, hoping for gore but they just drive my

because they don't care

People are cold. So why should I care?

#### The Moon

edited 1996

The moon is a hypnotist, putting people in a trance. Whenever you look at it, moonlight takes over your soul. No one can stop it, and no one wants to.

#### From The Dead

And he rose from what you think was from the dead and could he come and throw his beloved juices, i mean, beauty, all over the planet

did it sound religious? did it sound sexual? sometimes they can be one and the same

sometimes which?

# Rendering Me

the heat the fire burning my skin red hot stripping me rendering me defenseless

### Find Myself

I had my own ring but on days I'd forget to wear it. You had your own vows but your memory seemed to fail you. You were foreign to me: a frightening foreign, an exciting foreign. Do I know your name? Do I care? Let me just take off my ring, I thought, and put it behind the frame on the dresser where I cannot see it tonight. I was only resigned to the thought: if I forgot myself with you, if I was lost with you, I would only remember again and soon find myself.

# My Blood

Take my blood it is yours Take the blood that runs cold through my body and fill my veins with the tears I have too often cried for you

# Naivety

The naivety is over.

Now we must put our little toys away and stop playing house.

This is the real thing, and I won't fool around anymore.

Not with you.

You threw around the words "I love you" as if they were no more than water as if you really didn't know their value.

But this isn't a game, and when I get hurt kissing it won't make it better.

### A Crying Baby

(last line removed 07/09/09)

I saw a crying baby today — and I couldn't help but thing about us

always fighting...always crying nothing is ever solved our problems never change — just multiply and i couldn't help but cry

why is it this way? why can't we talk?
I think back to that crying baby
and us
and how our problems are essentially the same
our sufferings are never remedied
and all we can do is cry
and although it doesn't change anything
although it doesn't help
all we can do is cry

# My/I Cannot Love

my eyes
no longer see
I close them
my hands
are numb
I no longer feel
my heart
is cold
I cannot love

#### The Tears

the tears
burn like fire
streaming down my face
i feel the heat
the tears
cut like knives
tearing up my skin
i feel the pain
the tears
they hurt me so much
they kill me
but i have no choice

#### knife

life is like a knife

always cutting always killing

### My Attempted Death

I went to the train tracks at night put the duct tape on my mouth to stifle the sound tied rope knots around my wrists with my teeth and waited for someone to strike me down

hours passed
as I watched the constellations dance across the sky
hours passed
and nothing happened
no one came for me
as my saliva loosened my mouth restraint
and my little wrists easily eventually broke free

. . .

put my head in the oven
waiting for the gas to consume me
woke up hours later
in the fetal position on the floor
with only the faint smell like a kitchen pilot light
flickered out

,,

i even let my car sit still on a road while other cars decided to play like we were electric bumper cars knock me around, push me over a hundred feet but the electric line for my little electric bumper car disconnected and this could have been my chance

but those mechanics at the local hospital couldn't leave it at that and forced me to keep pushing myself to that edge over and over again

bonus poetry (with music from Order from Chaos)

# he's gone

staring
i move toward it
it grips me with great fear
i want to close the coffin shut

bonus poetry (with music from Order from Chaos)

# Memorial Day

(edited 07/01/09)

So here I sit
a decade ago I wrote
about my dad, I wrote
about boyfriends,
I had no idea
of what life had in store for me
and now I sit here
I'm married
and I live on the other side of the country
and he has no idea what I think
and I don't know how to tell him

Isn't communication supposed to get easier when you get older and when you're a communication major and when you have so much experience under your belt

isn't it supposed to get easier

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#### other publications from Scars:

Magazines: Children, Churches and Daddies (cc&d magazine), founded June 1993; Down in the Dirt, conceived 1994, founded 2000

Books: Hope Chest in the Attic, the Window, Close Cover Before Striking, (Woman.), Autumn Reason, Contents Under Pressure, the Average Guy's Guide (to Feminism), Changing Gears, the Key to Believing, Domestic Blisters, Etc., Oeuvre, Exaro Versus, L'arte, The Other Side, The Boss Lady's Editorials, The Boss Lady's Editorials (2005 Expanded Edition), Duality, Seeing Things Differently, Change/Rearrange, Death Comes in Threes, Moving Performances, Six Eleven, Life at Cafe Aloha, Creams, Rough Mixes, The Entropy Project, The Other Side (2006 Edition), Stop., Sing Your Life, The Beauty and the Destruction, cc&d v16.7.5 (Writing to Honour & Cherish, editor edition), Blister & Burn (the Kuypers edition), S&M, cc&d v170.5 Distinguished Writings editor edition, Living in Chaos, Silent Screams, Taking It All In, It All Comes Down, Rising to the Surface, Galapagos, Chapter 38 (v1, v2 & v3), Finally, Literature for the Snotty and Elite (v1, v2 & part 1), a Wake-Up Call From Tradition. (recovery).

Sulphur & Sawdust , Slate & Marrow , Blister & Burn , Rinse & Repeat , Survive & Thrive, (not so) Warm & Fuzzy, Torture & Triumph, Oh., the Elements, Side A/Side B, Balance, Chaos Theory, Writing To Honour & Cherish, Distinguished Writings, Breaking Silences, Unlocking the Mysteries, the Book of Scars, We The Poets, Life on the Edge, Revealing all your Dirty Little Secrets, Decrepit Remains, Charred Remnants, Hope & Creation, Bending the Curve, Layers of Creation, Dark Matter, Survival of the Fittest, Crawling Through the Dirt,

Infamous in our Prime, Anais Nin: an Understanding of her Art, the Electronic Windmill, Changing Woman, the swan road, the Significance of the Frontier, The Svetasvatara Upanishad, Harvest of Gems, the Little Monk, Death in Málaga, Momento Mori, In the Palace of Creation, R.I.P., Bob the Bumble Bee, Remnants and Shadows, I Saw This, the Drive, Thomas at Tea, Crashing Down Nineteenth, Blue Collar Ballet.

Compact Dises: Mom's Favorite Vase the demo tapes, Kuypers the final (MFV Inclusive), Weeds and Flowers the beauty & the desolation, The Second Axing Something is Sweating, The Second Axing Live in Alaska, Pettus & Kuypers Live at Cafe Aloha, Pointless Orchestra Rough Mixes, Kuypers Seeing Things Differently, 5D/5D Tick Tock, Kuypers Change Rearrange, Order From Chaos The Entropy Project, Kuypers Six One One, Kuypers Stop., Kuypers Masterful Performances mp3 CD, Kuypers Death Comes in Threes, Kuypers Changing Gears, Kuypers Oreams, Kuypers How Do I Get There?, Kuypers WZRD Radio (2 CD set), Mom's Favorite Vase and The Second Axing These Truths, assorted artists String Theory, Oh (audio CD), Life At The Cafe (3 CD set), MJ Art Connection Indian Flux, DMJ Art Connection Manic Depressive or Something, Chaotic Radio Chaotic Radio Week #1, Chaotic Radio Chaotic Radio Week #3, Chaotic Radio Chaotic Radio Week #4, Chaotic Radio Chaotic Radio Week #4, Chaotic Radio Chaotic Radio Week #3, Chaotic Radio Chaotic Radio Meek #4, Chaotic Chaotic Radio Chaotic Radio Chaotic Radio Chaotic Collection Collection #01-05 (5 CD set), etc. (audio CD, 2 CD set), Chaotic Chaotic Radio Chaotic Radio Chaotic Radio Chaotic Collection Collection #01-05 (5 CD set), etc. (audio CD, 2 CD set), Chaotic Chaotic Radio Chaotic Radio Chaotic Radio Chaotic Collection F01-05 (5 CD set), etc. (audio CD, 2 CD set), Chaotic Chaotic Radio Chaotic Radio Chaotic Radio Chaotic Collection F01-05 (5 CD set), etc. (audio CD, 2 CD set), Chaotic Radio Chaotic Radio Chaotic Radio Chaotic Collection F01-05 (5 CD set), etc. (audio CD, 2 CD set), Chaotic Radio Chaotic Radio Chaotic Radio Chaotic Collection F01-05 (5 CD set), etc. (audio CD, 2 CD set), Chaotic Radio Chaotic Radio Chaotic Radio Chaotic Radio Chaotic Radio Chaotic Collection F01-05 (5 CD set), etc. (audio CD, 2 CD set), Chaotic Radio Chaotic Collection F01-05 (5 CD set), etc. (audio CD, 2 CD set), Chaotic Radio Chaoti