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2707 Curtis Road Champaign, Illinois 61821

Publishers of

# ATHENA literary review

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# scratching



poetry and prose by janet kuypers

troy press

#### Christmas Eve

we made dinner fettuccini alfredo with chicken and duck

vegetables bread

we ate couldn't finish everything

we were putting on our coats getting ready to go to midnight mass

i decided to pack up our leftovers give them to some homeless people on the main street

we got in the car and drove to broadway and berwyn i got out of the car

walked over to a man there

asked him if he was hungry

i got the bowl of noodles and the gallon of milk out of the car

another man walked over to me

i told them to promise that they would share

i got in the car we were just driving

and all i could think of was these two men in the cold

eating pasta with their fingers  $% \left( 1\right) =\left( 1\right) \left( 1\right)$ 

on Christmas Eve

#### Coslows

I am back at my old college hang-out

years later

sharing some beers with an old friend

then i remember being there with a friend who used to work there

she told me about the

women's bathroom

in all my years
I had never
been there

she said women write on the wall

at the left of the stall women write

that they've been raped

they name names

there were arrows pointing to other women's

messages saying

"i've heard this before"

first names last names

when she told me

of this years ago i walked in

read the names and wrote down one

of my own

i forgot about that wall

until now and i am back just yards away from the bathroom door

i get up walk

open the door years later

all the names are still there jake jay josh larry matt scott

i can even still see my own writing it didn't take long

to find it

## brushes with greatness

Like when I was leaving the depeche mode concert and I saw the lead singer of Nitzer Ebb. I tapped his shoulder, and after I shook his hand I said, "I just wanted to say that you're awesome." What a stupid thing to say. His response was, "Uh, well, thanks." But at least I shook his hand.

When we were driving down Lake Shore Drive, it was December 23rd, and I saw a limo with the license plate, "Governor 1." I said to drive next to the limo, and there was Jim Edgar, talking on a phone in the back. It was only after we passed when I realized that I was wearing a red baseball cap with reindeer antlers and bells on it. I was so embarrassed.

Or when I met this soap opera star from Days of our Lives, he was signing autographs, his name on the show was Shane. There was this fat 40-year-old woman from Tolono, Illinois, standing in line and screaming every time she thought she saw a glimpse of him. He signed a newspaper clipping of mine, then took a picture with me. My mother thinks that in the photo we look like we're on our honeymoon.

And in the first grade, when the weatherman Harry Volkman, from channel Two News, came to our school, and I met him because I made him a card that said, "Columbus discovered America in fourteen ninety-two, and I discovered a weatherman when I discovered you."

Or like when I was almost in a band that opened for the Smashing Pumpkins. I sang with this band, but couldn't work with them because I lived out of town. I guess that's not a good one, since I didn't meet the Pumpkins or anything. But at least I saw the show.

And I photographed the lead singer of REM. It was September, I was only wearing shorts and a t-shirt when everyone else was wearing denim jackets. Michael Stipe was walking through a forest preserve, with a flock of people around him. I couldn't to him, but I wanted a photo, so I looked ahead and saw an empty picnic table. I ran, sprung up on top of it. and started shooting. He looked up at me, and waved. Later, when he was about to leave, I got real close, took more pictures. I was right next to him.

Or when I talked to the lead singer of King Missile after their show at the Metro. Told him it was a good show, he thanked me, and then I said they should have played "Gary and Melissa." "Yeah, we keep forgetting that one," he said. Then he looked over at the t-shirt stand, pointed kind of blankly, then said, "You know, we'd make a lot of money... if we had t-shirts." I laughed, but then I tried to walk away.

Like when Joe took me to the engineering open house and his wooden bridge won first place for holding the most weight. Or when Lorrie brought me to the darkroom and showed me how to dodge and burn a print. Or Brigit. Or Bobby. Or Pat.

And when I won the American Legion Award in the eighth grade. Or when I published my first book. Or when I sang at the coffeehouse and everyone actually applauded. Or at the end of counseling at the retreat weekend "Operation Snowball" and I got a note from a participant thanking me for caring so much. Or when I felt happy.

### guilt

I was walking down the street one evening, it was about 10:30, I was walking from my office to my car. I had to cross over the river to get to it, and I noticed a homeless man leaning against the railing, not looking over, but looking toward the sidewalk, holding a plastic cup in his hand. A 32-ounce cup, one of the ones you get at Taco Bell across the river. Plastic. Refillable.

Normally I don't donate anything to homeless people, because usually they just spend the money on alcohol or cigarettes or cocaine or something, and I don't want to help them with their habit. Besides, even if they do use my money for good food, my giving them money will only help them for a few hours, and I'd have to keep giving them money all of their life in order for them to survive. Once you've given money, donated something to them, then you're bound to them, in a way, and you want to see that they'll turn out okay. Besides, he should be working for a living, like me, leaving my office in the middle of the night, and not out asking for handouts. I'm getting off the subject here... Oh, yes, I was walking along the sidewalk on the side of the bridge, and the homeless man was there, you see, they know to stand on the sidewalks on the bridge because once you start walking on the bridge you have to walk up to them, and the entire time you're made to feel guilty for having money and not giving them any. They even have some sort of set-up where certain people work certain bridges.

Well, wait, I'm doing it again... Well, I was walking there, but it wasn't like I was going to lunch, which is the time I normally see this homeless man, because during lunch there is lots of light and lots of people around and lots of cars driving by and I'm not alone and I have somewhere to go and I don't have the time to stop my conversation and think about him.

Well, anyway, I was walking toward him, step by step getting closer, and it was so dark and there were these spotlights that seemed to just beat down on me while I was walking. I felt like the whole world was watching me, but there was no one else around, no one except for that homeless man. And I got this really strange feeling, kind of in the pit of my stomach, and my knees were feeling a little weak, like every time I was bending my leg to take a step my knee would just give out and I might fall right

there, on the sidewalk. I even started to feel a little dizzy while I was on the bridge, so I figured the best thing I could do was just get across the bridge as soon as possi-

ble.

I figured it had to be being on the bridge that made me feel that way, for I get a bit queasy when I'm near water. I don't usually have that problem during lunch when I walk over the bridge and back again, but I figured that since I was alone I was able to think about all that water. With my knees feeling the way they were I was afraid I was going to fall into the water, so I had to get myself together and just march right across the bridge, head locked forward, looking at nothing around the sidewalk, nothing on the sidewalk, until I got to the other side.

And when I crossed, the light-headed feeling just kind of went away, and I still felt funny, but I felt better. I thought that was the funniest thing.

# decorating the lockers

Days when we sat in the gold gym, Friday afternoons, hot Indian summer days. Days with a pep assembly, there would be a contest, which grade could cheer the loudest? Those were the days when the cheerleaders lead us on in school spirit, and we wished the football team luck in the evening's game. The cheerleaders even decorated the lockers for each football player the night before a game. Streamers. Signs.

I think of this now, one of those players went professional, moved across the country, made it big. Had a friend from high school visit. And they drove out on a road together; could they still hear the cheering, the screaming, faster and faster, down the road, they're winning the big game, faster and faster, then black.

The hero walked away from the twisted mangled wreck, to find his friend couldn't hear the cheering. No one assembles for him now, for the loss of his friend. Why did the hero get all the attention?

There was no screaming, just the low, dull moan in his head as he ended his own suffering, his own guilt.

And we assembled again once more for him, this time not on a sunny Friday afternoon, not anticipating something. The anticipation is gone. All we can cling to are the lockers covered in streamers, the cheering.

#### death

when he was a child, a little boy, he would walk through the living room

over and over again he would see the book on the shelf

a science book, a volume from a set: a book about

how the world works

once he looked though the pages found a drawing about the life

of planet earth, how it was formed, how eventually the

temperature would rise, all life on earth would eventually die

and reading that it was millions of years away didn't help

with the fear, the instant panic: so he took the book, hid the

one volume from the rest, so he wouldn't have to see it

when he walked through his own living room

ikebana

Rolled up sleeves,

Dark denim, strings pulled

At the buttons

Your hands, the

Rough edges, the nails

Jagged, not cut

Your fingers, I've Noticed them: one has

Noticea mem, or

A long scar

Along the tip, and Your skin is rough

Along the nails

Your hands, they're Skilled hands of an

Artist at work:

And like a

Conductor, you Orchestrate

Bring beauty From the dying

Flowers at

The table. They

Line up quickly,

At attention:

Fall into

Place so gracefully.

You create

Symphonies,

Move mountains, Seas

Part for you.

You can do Anything. I

See that now.

You must be

My savior. Let me

Follow you.

Let me create

Beauty in your Name, let me

Feel your power.

It's all in your Hands, your heart,

Your mind:

I've seen you stop Wars, feed the

Hungry. Why are

You so strong? Why

Are your flowers

So beautiful

#### last before extinction

Now he has so many opportunities. He has nothing to lose. Why not come out of the wilderness, attack everything it sees. Kill something. Suck the blood out, make him feel alive for once more. Let them try to restrain him. He has nothing to lose.

And for now it can fly to the highest redwood, look out over the world. Despise the world, the world that made him be alone, leaving him alone. Who will carry his name? Who will care for him when he is old? Who can he read bed time stories to?

Now it can feel death creeping upon him, closer and closer. He wants to scream. He calls upon nature; the tides rise, earthquakes shatter homes. He does not feel vindicated. He has lost.

And for now she can swim to the deepest darkest cave in the Pacific, hide from the solitude, swim lower and lower; can she find where all of the other animals of dying species hide, can she find them. There must be others. They can understand, they can live together, at the bottom of the earth. Could they show their pain for their species, share what is left of their love, create a new race?

Soon they will be no more and we will be taking their bones, reassembling them, studying their form, rebuilding their lives, revering them more than we ever did in life. This is what it all becomes. This is what it all boils down to. Study the bones. Study the mistakes. Study the bones.

#### orion

Winter evenings I would look for you. Dancing along the horizon. You were always fighting; the great bear to the north, the bull in the winter.

You were my favorite. whenever I could I would look for you: out my window, in my driveway. I remember a nebula lived in the center of your sword.

You, spending millennia fighting. You have taught me well. The other night, I looked out my window again; you were there. Receiving strength from me,

as I did so many years in you.

# my father, shooting an animal

we sat in our dining room, looking out the sliding glass doors

onto the patio, the expanse of concrete that led to the pool, fenced

away from the ravine. Father had a dislocated shoulder, his arm was

in a sling. He had a friend's shotgun, some sort of instrument

and he looked out the window, sister and I behind him, looking

over his shoulder. And then he saw a small squirrel, walking

along the edge of the patio, and father opened the sliding glass doors propped his gun over his dislocated shoulder, tried to look

through the sight and keep the gun balanced. He usually didn't use

guns, he seldom borrowed them. And here he stood, in his own

house, aiming at the animal at the edge of our property, with one

good arm. And then he shot. We all looked; the animal, hit, stumbled

into a nearby hole. He hit the animal, despite all his trouble, all his pain.

People wonder why he shot the animal. I wonder how. Could I do it, even

with two good arms. Could I see through the sight, could I aim well, strike.

### paranoia

we sit here at dinner.

I try to breathe.

My hands rest on my thighs.

I must watch to be sure,
everything must be right:
the silverware, small fork,
large fork, plate, knife,
large spoon, small spoon.
Water glass. Wine glass.

I know no one else sees them: the fish, the red fish, in the curtains along the wall. You have to watch them. My eyes always glance there.

They are evil fish. They sit in the curtains, they wait, and then they come out.

And the yogurt, the yogurt is the only thing that can save me from them. throw the yogurt, take a spoon, use your hands. Anything.

And we sat there before dinner, and he ate his yogurt with his first spoon before I could stop him.

How could you do this? How can you save yourself from the evil fish now? Will I have to save you again, do you even understand the danger

#### poam

# a conversation with Jimbo Breen

dedicated to Steve, a marine

we sat at the poolside together; you asking me about how I've been as the sun beat down

and we talked about nuclear war. You said you didn't believe in it, and I strained to understand

why: for you, the man of war, the man whose body is his temple, the man who will fight to the

death. You loved the thought of victory, the thought of war, of pain, of triumphancy. And I sat there

in the swimming pool while you sat on the edge. I paused. Then it occurred to me: you would want

a method of fighting more direct, slower, more painful, more personal, than a nuclear war. You'd want to

fight them one on one, man to man, with your fists. And your eyes lit up. I was beginning to understand,

now, only years later. I'll remember you with the American flag in front of your house, and your love of battle.

# the martyr and the saint

they gave their daughter the name of the Patron Saint of television

and the television's always been one thing she hated about him

or was it the drinking that he needed more than her

the business has gone bad
I'm a failure I'm not a man

he said he respected her then he'd call her

a twenty dollar whore from Vegas

and the mother would hold the child, the saint, the pure angel

hold her ears and hope she couldn't hear

### st. anthony's medallion

"A father brought his ten year old son to the cemetery where his mother was buried about a month earlier. It began to rain, and lightning struck the boy dead on the scene. It is believed a St. Anthony medallion worn around his neck acted as a conductor."

The sky is weeping again. For me. What have I done, this is my punishment for what? You did this to me,

didn't you, you unfair God? Didn't I tell them I loved them enough? I went to the school play, remembered

our anniversary. How am I supposed to go on now? My wife first, take her from me first, then take the only thing

in this world that looks like her. That has her nose. Her chin. Why couldn't I rip that medallion off him, set

him free? Did I not watch him enough? Did I not love them enough? Why wasn't it me? Why wasn't it me? Why?

#### twin

they tell me i was born two months premature

the first of twins

they tell me it was difficult my birth i still can't hear in one ear

i have an indentation in my chest on the right side where they had to run a tube in me to keep me alive

they tell me they kept Douglas alive for three weeks but he just couldn't survive

i wonder what it would have been like to have someone look just like me

we could switch places fool everyone

we'd be inseparable

my family doesn't talk about him much but sometimes i still think of him

maybe with the medical world today he would be alive

sometimes i feel like i'm not whole

#### white knuckled

The hot air was sticking to her skin almost pulling tugging at her very flesh as she walked outside down the stairs from the train station. Just then a breeze hot and sticky hit her in just the wrong way, brushed against her lower neck, and she felt his breath again, not his breath when he raped her, but his stench rank hot when he was just close to her. Her breath quickened, like the catch of her breath when she has just stopped crying. All the emotion

is still there not going away. She walks to the bottom of the stairs, railing white-knuckled by her small tender hands. the hands of a child. and that ninety degree breeze suddenly gives her a chill. They say when you get a chill it means a goose walked over your grave. She knows better. She knows that it is him walking, and that he trapped that child in that grave

## walking home from school

once when I was little

I was walking home from school filled with fear, like I always was

the other kids made fun of me they called me names sometimes they threw rocks at me once they pushed me to the ground went home, bleeding knees and tears

but once, I'll never forget, Patti from 121st street was walking behind me and threw her gym shoes at me

they landed right next to me as I was walking down that first big hill

I don't know if I stopped but I remember for a brief moment looking up at the tall tree branches next to the road

all the entangled dead branches

and I thought that all I had to do was pick up her shoes and throw them

as hard as I could

and she would never get her shoes back

I looked at the trees for only a moment and I continued walking as fast as I could as I always did and suddenly the shoes were long behind me

and the others were laughing

I look back now and wonder why I didn't do it

was I scared of them was I scared of myself

I still keep asking myself that