...from scars publications matchbook insert



Gabriel Athens

Make Us Laugh

October 24, 1998

do you remember when we stayed at the hotel and you took a picture of me while I was jumping on the bed you gave me one of the pictures I'm sure you still have one of those too

remember when we'd go to a bar and pick a drink, "the drink of choice" and we'd order the same drink but just because we had a different kind of drink it made us laugh it gave us something to talk about

> there are certain people you might know them well, but sometimes you can't feel comfortable in front of them

that's what most friendships are like

remember when you and a fruend were waiting in the line of the cash station a cop got in line right behind you, and the friend said, "Maybe the cop wants cash" I think you almost fell over laughing when he said that

there are a ton of stories like that we had a knack for making stupid jokes and laughing and laughing about them

Does that mean I'm supposed to have the right attitude well, I'm just me and that should work out just fine



Make Things Better

October 13, 1998

you can be the one that is expected to give bad news maybe you need help in dealing with this, maybe just need to be held because you don't know what else to do you don't understand what they feel and they don't underst and what you feel

we can't know everything and understand at the snap of our fingers

other peope have pain too maybe their pain could be completely different maybe they'll appreciate the effort you make to try to make things better



Men Are Dogs Is True

December 31, 1998

It was nice that you made the effort for such a short term if I didn't know any better I would have fallen for it

Making Sense Out Of The Insane

December 23, 1998

I can't see the silver lining around the clouds I see the dripping blood from poorly cut wounds they haven't healed, I tell you

that's modern life, there is no happy ending look and look, but you can't find it

making sense out of the insane is pointless the insane starts to make sense bottle up all the hate to understand

change all the goals in life change them all after a while that has an effect on you after a while you start to feel like a prisoner with the life kicked out of you by a bunch of other prisoners while the guards are paid to look away it's funny how the prisoners get the coin to pay all the good guys off

When you start to see that And when you start to feel like that the line between sanity and insanity is blurred



My Height Any Longer

November 19, 1998

I won't make this an essay about how men look at women's hooters first and how men think women are stupid because, well, they're girls

well, I'm smarter than you whether or not you choose to believe it

but I've been told more than once from men that I can't be tall may they think that because I'm a girl

but I am taller so just find me a tall man and let's not talk about my height any longer



prepared for the worst

October 13, 1998

I was fully prepared for the worst when I thought it was going to happen. I had to be the strong one, I had to show everyone that they could count on me.

but I never thought about someone close to me dying, someone I just thought would always be around, someone that would live to their old age.

were you that close to me in the first place? did i think of what it would mean to me if you were out of MY life forever? no, i had to be there for others right now.

I planned on sticking around, I proved myself to all the doctors and the nurses and all the technicians, and even the cardiologists. they don't remember me now, why would they.

I wondered if I would even get the chance to see the corpse, depending on when we got to the hospital. But I'm usually not at the hospital while death is happening.

But I knew I'd have to be ready for this and I might have to be prepared for this, in case it happened. people never learn how to stop drinking, did they never learn how to solve their own problems or did they never want to deal with a problem. How do you prepare yourself for all this? I was busy preparing myself for the worst,

so I wouldn't fall apart when the bad news came

am I supposed to be the strong one and be prepared? this was something I had to do and I'd deal with death personally, maybe today, maybe later

I got there and there was no bad news, no one was dead or dying, and everything was normal. normal in a hospital. I visited people and talked a little in the

hospital, and everyone wanted me to talk to prove to everyone that I was normal and I was fine. "And this could happen to you," I said,

"And you have to want to be and make yourself better." I didn't know what else I was supposed to say. but somehow I was temporarily prepared. just in case.



Not Getting Better

October 24, 1998

everyone thinks I'm getting better

but no one knows what it's like the pain I still go through I've been fighting but I don't see the signs that anything is getting better

I still have to wait it's already past due

I still can't see
I come up with a way in my
head to make it better
no one can see the difference.
but i still feel it



Pressure On Me Again

November 28, 1998

Man, you put a lot of pressure on me I'm so sick of not being in control of everything I'm tired of defining how everything goes

I define my own life how do I make all the changes I'm all alone on this one and have to do these things myself

I have to define my own life
I need to take a magic marker
a big black bold marker
and create the path that defines who I am

I need to make my own choices and color them in and make sure that I don't go past the lines so it looks like I did a bad job because no one can put that pressure on me again



short-term advice

October 13, 1998

why do people take sides on politics, when no politicians do anything for their country

the politicians are usually crooks, or cheaters better political leaders manage to hide their "bad" side they have a bunch of people paid to write their speeches so they don't ever have to save face

I need to learn how to save face for what I do wrong politicians use the same lines over and over again until people forget that they aren't told about the problem

How do you find someone honest when you're used to cheaters and liars don't look in politics, that's the best shortterm advice I can even give you

Seasons 1998

the entity of Earth lives attacked by its denizens Spring follows winter

Winter fire burns bright Warmth flows over my brick hearth Summer fire is shunned

Grandchildren bring joy, vigor, love, fun, liveliness With age comes calm, peace, knowledge

Soft loose wrinkled skin, white coarse bristly chin whiskers mark the wise woman

Limbs etched against sky, full white clouds gathered in close foretell winter's snow

Slow Painful Death

December 29, 1998

it is funny how hindsight is twenty twenty

but you were are liar and still are one

I was not immune to your violence

you gave me good memories

they are clouded by your anger rage, insolence, and idiocy

I can not do it this time
I have to write about things that matter to me
I could write about how I
want you to go through a
slow painful death

but you know I think that and I do not need to go into that at length

Someone Give Me the Answers

September 7, 1998

my dictionary is older than my schooling my encyclopedia set is older than I am

I've been looking for answers to what I thought were simple questions and the people who are supposed to be smart never have the answers

I can't even finish a sentence with people and I'm expecting finished sentences and sense and answers from all of the people I've already lost so much faith in

when I regained consciousness,
I was given the same meal three times a day
I was physically strapped to my bed
the answers haven't come to me for quite a while
not since my hospital visits
or my school days
or my friendships

someone give me the answers
I don't know where the answers are



Sometimes It's Not

December 13, 1998

sometimes I wish I could turn back the hands of time but maybe I might still think that I could live forever then

we have our hopes and our dreams and usually we don't think about them and we try to avoid them



Supposed To Be Done

October 28, 1998

I was ten when they buried you

At twenty-eight, I tried to die

At twenty-eight, I tried to die And get back, back, back to you

I thought even the bones would do

isn't that how it's supposed to be done

take it all away

September 19, 1998

I found out weeks after I was in the hospital it was then that I found out details what the doctor did to me while I was in there, unconscious

whether or not they were helping me or hurting me I didn't know and don't know

they put a piece of metal in my leg to stop blood clots to my heart, or lungs, or brain

do I need a piece of metal in my body for the rest of my life, I needed to know this after it had already happened

X-rays were taken of me a ventilator was on me for 6 days All I knew at the time was most of my rights were being taken from me what if one day something went wrong in your body and your heart just stopped beating

what would happen to you if you heart just went out and you made it in an instant and people were worrying about you and they thought you might not make it and they had to think that you may be gone and they had to come to terms with that

would you clean up your room would you try to be nicer It answers so many questions

