TREAT YOUR SELF TO THE BEST

WATERSHED

GREGORY LIFFICK © 2010 Down in the Dirt chapbook SCARS PUBLICATIONS

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UPSCALE

The brown tree squirrel tightrope walks on the telephone line over the side street in Beverly Hills. Somehow fatter and more content than its cousins in poorer areas. Almost mocking in its arrogant acrobatics and surefooted lack of fear. The confidence of the well-off and well-fed.

SETPIECE

My first few years, before my family moved to Los Angeles. A mind's eye memory of Mundelein. a German-Americana suburb just north and west of Chicago. Hollywood-like backdrop. Grassroots scenery. Well-mown lawns. Nuclear families. Kids and pets. Homes a Chex Mix of post-war, Victorian and fifties modern. Tree houses. Real seasons. Snow ball fights in winter. A "Little Rascals" short. My older brother and I banished to the basement for mischief. Or secluded there during my parents' parties. Sneaking cool shrimp from the platter in the refrigerator.

READING

The pale thin fingers of the bohemian literature student dramatically turn the pages of a weighty, required text. She earnestly takes in each profound phrase, only stopping to sip seriously from a cooling Styrofoam cup of coffee bar cappuccino. Her clothing drapes loosely, pretentiously. Smothered is any last spark of frivolous taste and delight in the written word, leaving only a heavy, dark cavity within a drab costume.

BIBLEBELT

In the waistline of America, a fire and brimstone, holy roller, pink skinned, gray haired God angers easily. The Midwestern almighty is big on strictness and long on wrath. Jesus speaks of loving thy neighbors, but only if they mind their manners and keep off the grass.

DOW/NHILL

Speeding along the Pearblossom Highway, through high desert, at the head of a snake of cars slithering from lane to lane around turtle sedans and trucks. Up a grade, from lizards and cactus to pines and snow. Bound for the slopes. Skiing, it seems, is putting on size-100 wooden shoes and stepping into icy quicksand. A "Wide World of Sports" outtake, grasping the tow rope and cartwheeling in spectacular Technicolor.

MEDIUM

The junk mail in my P.O. box, bearing the names of strangers, speaks of past lives, former renters. Unknown to me. but haunting me. Somehow cosmically tied to me by credit card offers, discount fliers. and the odd video catalog for pornography, sent to one (name deleted). I continue to share space with these ghostly previous addressees. We will never meet, but I feel like I know them from their spectral paper trail. I need a postal exorcist to forward them into the light.

PRONE

A crawlspace under the house. Pipes. Cobwebs. Spiders A midlife man huddles in the removed, quiet recess. Cowering, peering out at impossibility. Unkempt. Forlorn. Rumpled, torn clothing. Trying to grin, at least, at the temperate shade. Better than the heat in the open daylight.

MFCCA

A pantheon of business cards on the supermarket bulletin board. Gods of various realms, promising deliverance from domestic plague and peril. Bankruptcy. Immigration. Get rich quick for a modest offering. Get out of jail not free, but for a blessed ten-percent.

W/AKE

The windows of discarded buildings. Blank stares watching passing traffic. People used to bring the fibers of the sagging shells to life. Ghosts are the energy of melodramatic pasts, bittersweet juice pumping through bricks and wood and steel. Every nail that held together dreams, now just fashioning planks and finish into low-rent coffins.

INTERSTATE

White line fever. Five thirty in the morning, one hundred miles from Phoenix. Lullabied by the road bed. Fully asleep at the wheel of a '63 Impala on the wrong side of a two-lane blacktop. Driving the car cross country to sell to my cousin. The semi headlights bearing toward me in the glow of rising dawn.

EULOGY

Several yellow, lined pad pages give their lives for my poems. Many ink pens spill their black and blue blood. My art is driven by stationery. I write in praise of office supplies. I remember their sacrifice.

HOSTAGES

In the summer of a bygone culture, the extended family clan virtual prisoners in the confines of an immense, over-laden rolling juggernaut of a Pontiac station wagon. A prequel to "National Lampoon's Summer Vacation." Hurtling through the land of the free and the home of the brave-Route 10, Route 66 mothers of roadswest to east and back again. Five thousand pounds of visiting aunt and vomiting children and migraine parents, menacing the A & Ws Holiday Inns and greasy spoons. Peeing into Coke bottles to save time. Always in a rush to get to the next indistinguishable relative and interchangeable national monument (frightening in Seymour, Indianaeveryone looks like us).

CHURCH

The sidewalk evangelists seem dressed up for a nowhere-to-go congregation, singing hymns in a yet to rise house of praise. If faith is belief in things unseen, then these members have surely prayed their way into a chosen body.

PIE-EYED

Threadbare scholars waiting for a pizza. A wee hours Greek tragedy in Dickensian dorms. Between the hard studied clock and empty pits of stomachs, counting the minutes in visions of cheese and pepperoni. Marco Polo, back from the Orient, not as welcomed as the teenager at the door, milliseconds before the free delivery guarantee. The steaminess of the box second only in warmth to the first fire tindered by primeval man.

COMMUNITY

The boundaries are thin between are yards and our souls. Reach a hand across the picket fence or over the brick wall. and your fingers tingle with your neighbor's energy. His lawn burns with his dream, and his driveway radiates his desire. His house is his body and his blood.

FOLKSONG

The driveway oil stain resembles a young Bob Dylan, framed by scraps of garbage blowin' in the wind. Joni Mitchell's paradise was paved, local parking lots turned to islands. Woody Guthrie died back east in a hospital room for Great Depression American sins.

GRASSROUTES

Corner of the eye images of heartland. "Next food and gas, five miles ahead." "See the two-headed snake." A thousand stepping stone, half a horse towns. A pilgrimage of R.V. nomads to flea market meccas. Sailing a sea of grass between exotic gas station isles.

LINK

Monkey see, monkey dothat's how we learned to use tools. And to talk. And to write. Why do parents ask their children, "If everyone else jumped off a cliff, would you too?" They already know the answer. It's in our genes. We all swim in the same pool.

TRAILBLAZING

Camping out. Tang and Pop-Tarts in the woods in 1977. Backpacking through the San Bernardino Mountains. A family tradition. Lost there in the late 1960s. On the local t.v. news and everything. My father making SPAM and eggs during YMCA outings. I thought of Dr. Seuss. "I will not eat fried eggs and SPAM. I will not eat them, no, no, ma'am!" Old hiking boots and army surplus canteens.

PHYSICS

The post office is a relative universe, where space is frozen, times slows, and light curves within fluorescent bulbs. An eternity spent in mere existential moments. Matter reaching infinite density at the event horizon of this black hole, too close to such a singularity of inertia.

AMENITY

Driving to work as a teacher in South Central Los Angeles. Passing store front churches in corner shopping centers, sprouting like optimistic flowers in a cement Eden. Mom and pop business of the soul. Salvation on layaway. A thriving trade in faith, hope and charity. No offer refused for the gates of heaven. The afterlife financed on water into wine credit.

INERTIA

Poetry, once in motion, wants to flow perpetually, never at rest, its words propelled objects through free space, budged from blocked stillness and set on a clear path.

JOURNALISM

The anchorperson jokes war and famine somewhere. Set up for a ratings punch line. The lighter side of human misery. Something about a lingerie fashion show. The network newswhistling in the graveyard. Broadcast four times daily, with plenty of laughs and spots for commercials.

RESERVATIONS

Gallup, New Mexico. Standing outside the Econolodge on old Route 66, around dusk, a speeding ticket in my pocket from the local Navajo police. The Bronco had materialized like a shaman spirit in the sleepy emptiness of the open copper land. Ambushed on the trail to the Circle K market. A lonely outpost of manifest destiny in native territory.

FARM

Nature is about leveling the field. The hands of the universe bury anything rising above common ground. Everything back in its place, six feet under the flat surface, or ashes, spread over the plain and down again evenly to earth.

CLICK

The t.v. and me and the microwave having a three-way on a lost Friday. Add take-out and it's an orgy. The only sex to be had. Fantasies about Swanson Hungry Man dinners. Couch potato kama sutra positions in the living room. Remote control erotica. Channel surfing a dirty dance on the edge of virtual ecstasy.

ABU GHRAIB

No remorse in the voices of the prosecuted young American military guards. No batting of the eyes. Just following orders. Another day on the job torturing prisoners. Where have we heard that before? At least the Nazis had the nerve to be indignant about being tried. These desensitized, empty faced soldiers can't even muster that feeling.

SPY

Losing face in the crowd you see behind the backs of strange eyes. Cold shoulders become warm with revelation. Hairs standing on passerby necks telegraph secrets on anonymous waves of air. The act of disappearing unveils the whole picture.



Dad took my older brother and I bottom fishing in 1968. Off the coast of California, in shallow waters between two islands. Out on the ocean for the first time. Getting my sea legs was an issue. Though the fresh air on deck helped. I lost my breakfast before the Dramamine kicked in. Standing, walking on the slippery, rolling bow of the fishing boat in the dim sunrise light. But brothers dare each other. Who'll catch the biggest fish? He beat me out by two ounces. Mine a white fish. his a red snapper. Both fish tasted good, but salty.

COMMUTE

Bumper stickers spit politics and religion. The only place they are allowed to fraternize in public. People don't talk, but they drive. The freeway a running conversation, an argument of fenders and turn signals. The diamond lane an awkward silence.

HOOSIERS

Somewhere south of Indianapolis and north of Kentucky, my parents were raised within fifty miles of each other on rich Wabash River bottom land. A picture of my mother, dirt poor at sixteen, in overalls, leading a horse drawn cart. Last of nine children (those that lived). She the baby. A photo of my father in his Army uniform, headed off to World War II. In Hawaii when they dropped the bombs. Never fought. Toured the Ginza in post-war Tokyo and saw Korea as an occupation soldier. They met years later in Chicago. My father a salesman. My mother a secretary. Eisenhower era fate. Windy City romance. Heartland marriage, back home again in Indiana.

RINGSIDE

Boxed into an ugly corner of words, poetry comes out swinging with beauty. Counter punching from the tongue with jabs of wit and toothy hooks. Rhythmic smacks to opposing mouths. The square circle of the weekend open mike night. Verse doesn't fight dirty. But it won't sit still either, for any spoken fat lip.

SINK

To a drowning man, the surface of the water above his head is crystal clear. A skylight pane of glass. A kind of cathedral window, through which permeates the flickering glow and promise of entry into heaven. His eyes strain up, as in a chiarascuro religious painting, grasping at rays of sun, like ropes, filtering down to his wet demise.

EXHIBITIONISM

Modern art love bites the sexy, beholding eye that feeds it. A naked dance on satin-finished loft floors. Wine, cheese and soft light. Slow, flirting circling before creative acts against the virgin white gallery walls.

BLUEJEANS

Levi Strauss was on to something. Denim is a metaphor for determination. The fabric holding up, like the human spirit, to all sorts of toil and punishment. Not diminished by the down and dirty of daily existence. Comfortably worn like a second skin. We all pull ourselves up by the seat of such pants. And when the knees go out, like wounds to our minds and bodies, we merely slap a patch on them and go back to work.

SOUND

White noise is always humming in my background. The air thick with static waves and particles. Channeling a wide band of interference and competing buzzes and clicks. The busy din only silenced by a narrow span of attention.



Cemeteries are odd landfills. Bodies resting, still and empty, like old sofas and broken refrigerators, under a blanket of dirt and grass. At least they don't build golf courses over these mounds. The headstones are a problem. In theory.

CARDS

Sorting out friends and enemies is tricky when treachery feeds the kitty in the poker we play with our alliances. The Constitution is just a placemat on which the rich place their full, greedy plates and topped off glasses of sucker blood. The latest corporate memo is more worth the paper it is written on than the Bill of Rights. States are only united by the bottom line. The business of America is giving us the business.

CAMERA

Since birth. my eyes wide-angle and close-up on experience. Constantly in focus. Light falling on negatives of memory. Curiosity snapping away, taking pictures through my personal lens frame. Multiple shots, still photos connected in linear motion. In and out of range. Some images clear and some blurred.

RIDE

Rollerblading is an exercise in balance. Trying to stay on two edges made of wheels. Because the edges roll. And you along with them, just within control. Cracks in the pavement, concrete pushed up by the roots of large trees, provide spice to the journey. A misadventure in physics with knee pads. Inner thigh muscles shouting with strain. Even louder than the cries from your alarmed mouth.

MINSTREL

The homeless street musician pushes the empty wooden crate up the steep street, his lopsided burden poised impossibly atop a small, wobbly skateboard. He stops at odd downbeats, playing the mute keys of the broken, portable electric piano tied to his one-man would-be bandwagon. Imagined music flows from his head, if not his fingers.

DRAIN

Memory backs up. Pipe dreams bursting in the basement of the brain. Rusty plumbing clogged with an unflushed past. Everything should flow smoothly. The water cycle of existence cleansing tears following gravity to the ocean.

MEDICINE

Love sick casualties wandering the streets, broken hearts and bruised pride going untreated. X's and O's HMOs and emergency rooms closing all over lonely towns and cities. Romance and TLC have lost their bedside manners. Witch doctors and faith healers stepping in to fill the prescription.

LAUNDRY

Wash, rinse and tumble dry cycles of life. A shallow gene pool of whites, colors and delicates. Evolution hands no longer beating cloth on rough stone. But, still pressed by nature to fluff, fold, roll and put away.





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other publications from Scars:

Magazine), founded June 1993; Down in the Dirt, conceived 1994, founded 2000

Books: Hope Chest in the Attic, the Window, Close Cover Before Striking, (Woman.), Autumn Reason, Contents Under Pressure, the Average Guy's Guide (to Feminism), Changing Gears, the Key to Believing, Domestic Blisters, Etc., Oeuvre, Exaro Versus, L'arte, The Other Side, The Boss Lady's Editorials, The Boss Lady's Editorials (2005 Expanded Edition), Duality, Seeing Things Differently, Change/Rearrange, Death Comes in Threes, Moving Performances, Six Eleven, Life at Cafe Aloha, Creams, Rough Mixes, The Entropy Project, The Other Side (2006 Edition), Stop., Sing Your Life, The Beauty and the Destruction, cc&d v167.5 (Writing to Honour & Cherish, editor edition), Blister & Burn (the Kuypers edition), S&M, cc&d v170.5 Distinguished Writings editor edition, Living in Chaos, Silent Screams, Taking It All In, It All Comes Down, Rising to the Surface, Galapagos, Chapter 38 (v1, v2 & v2), Finally, Literature for the Snotty and Elite (v1, v2 & part 1), a Wake-Up Call From Tradition, (recovery), Dgark Matter: the Mind of Janet Kuypers, Evolution.

Sulphur & Sawdust, Slate & Marrow, Blister & Burn, Rinse & Repeat, Survive & Thrive, (not so) Warm & Fuzzy, Torture & Triumph, Oh., the Elements, Side A/Side B, Balance, Chaos Theory, Writing To Honour & Cherish, Distinguished Writings, Breaking Silences, Unlocking the Mysteries, the Book of Scars, We The Poets, Life on the Edge, Revealing all your Dirty Little Secrets, Decrepit Remains, Charred Remnants, Hope & Creation, Bending the Curve, Layers of Creation, Dark Matter, Survival of the Fittest, Crawling Threough the Dirt, Laying the Groundwork, Weathered, echo, Ink in my Blood, Infamous in our Prime, Anais Nin: an Understanding of her Art, the Electronic Windmill, Changing Woman, the Swan Road, the Significance of the Frontier, The Svetasvatara Upanishad, Harvest of Gems, the Little Monk, Death in Málaga, Momento Mori, In the Palace of Creation, R.I.P., Bob the Bumble Bee, Remnants and Shadows, I Saw This, the Drive, Thomas at Tea, Crashing Down Nineteenth, Blue Collar Ballet, nopoem, "In Your Heart, the Apostrophe's Teardrops of God"

Compact Discs: Mon's Favorite Vase the demo tapes, Kuypers the final (MFV Inclusive), Weeds and Flowers the beauty & the desolation, The Second Axing Something is Sweating, The Second Axing Live in Alaska, Pettus & Kuypers Live at Cafe Aloha, Pointless Orchestra Rough Mixes, Kuypers Seeing Things Differently, 5D/5D Tick Tock, Kuypers Change Rearrange, Order From Chaos The Entropy Project, Kuypers Six One One, Kuypers Stop., Kuypers Masterful Performances mp3 CD, Kuypers Death Comes in Threes, Kuypers Changing Gears, Kuypers Dreams, Kuypers How Do I Get There?, Kuypers

Contact • Conflict • Control, the DMJ Art Connection the DMJ Art Connection, Kuypers Questions in a World Without Answers, Kuypers SIN, Kuypers WZRD Radio (2 CD set), Mom's Favorite Vase and The Second Axing These Truths, assorted artists String Theory, Oh (audio CD), Life At The Cafe (3 CD set), the DMJ Art Connection Indian Flux, the DMJ Art Connection Manic Depressive or Something, Chaotic Radio Chaotic Radio Week #1, Chaotic Radio Chaotic Radio Week #2, Chaotic Radio Chaotic Radio Week #3, Chaotic Radio Chaotic Radio Week #4, Chaotic Radio Chaotic Radio Week #5, Chaotic Radio Chaotic Collection Collection #01-05 (5 CD set) etc. (audio CD, 2 CD set), Chaotic Elements (2 CD set), Chaos in Motion (6 CD set), 5D/5D Screeching to a Halt (EP), PB&J Two for the Price of One (EP), Kiki, Jake and Haystack. An American Portrait, Kuypers/the Bastard Trio/Paul Baker/the JoAnne Powlers Trio Fusion (4 CD set), podcasts the Evolution of Performance Art (13 CD set), Kuypers Live (14 CD set), the DMJ Art Connection the Things They Did to You (2 CD set), Kuypers Seeing a Psychiatrist (3 CD set), Kuypers St. Paul's (3 CD set), Kuypers the 2009 Poetry Game Show (3 CD set), Kuypers and the HAlman of South Africa Burn Through Me (2 CD set)