Swing State's "Visual Nonsense"

letting it all out

some of Janet Kuypers' classic emotional poetry

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performance art show 2011.03.05 of poetry and video with sampled music from musicians around the world Janet Kuypers

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Communication '97 with '05

I

now that we have the information superhighway we can throw out into the open our screams, our cries for help so much faster than we could before

our pleas become computer blips tiny bits of energy travelling through razor thin wires travelling through space

to be left for someone to decipher when they find the time

Π

once i checked my messages out of voice mail: mike left me his pager number and told me to contact him with some information steve told me to call him at the office between ten thirty and noon lori told me to check my email because she sent me a message i had to read

so i first returned steve's phone call but he wasn't in, so i left a message and then i dialed the number for mike's pager listened to a beep, then dialed in my own phone number then i got online, checked my email read a note from ben, emptied out the junk mail

realizing i didn't actually get a hold of anybody i tried to call my friend sheri but i got her answering machine so i said, "hi - it's me, janet haven't talked to you in a while - " at which point i realized there was nothing left to say -"so, give me a call, we should really get together and talk"

III

i checked my email address book recently, and the people i email the most are the people that live in the same city as me, all of whom i know the phone numbers of, all of whom are only a local call away. in fact, one of my friends lives a blockand-a-half away from me, on the same street as me, but i still email her as much as i call her, even though i could just walk over to her house and have an actual face-to-face conversation with her.

IV

now that we have the information superhighway we can throw out into the open our screams, our cries for help so much faster than we could before

but what if we don't want to communicate or forget how too busy leaving messages, voice mails, emails, pager numbers, forgetting to call back

what if we forget how to communicate

V

I once explained to Dave how I lost touch with my friend Aaron: "You see, when we email each other, we just hit 'reply.' Aaron sent me an email, and it had a question at the end, so i hit 'reply' and sent a response, with another question at the end of my letter. we kept having to answer questions for each other, and so we just kept replying to each other. well, once i got an email from him with no question at the end, and so i didn't have to send him a response. so i didn't. and we never thought to start a new email to each other. so we just lost touch."

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letting it all out

and then it occurred to me, how difficult it had become to type an extra line of text, to type in his email address, because that's why i lost touch with him

and then it occurred to me, no matter how many different forms of communication we have, we'll still find a way to lose touch with each other

VI

i got a program for my computer... it's a phone book program, and it sorts people by name or company, lists their phone number, and has a complete file for them where you can store their birthday, their address, past addresses and phone numbers, faxes, email addresses, there's room for any information you want to store about them

and i love this program, i've created a file with all the phone numbers i've ever needed, i always add information to this file, i keep a copy of it on my computer at home, i kept it on my computer at work, on my laptop, i archive it to dvd every week and put a back-up copy on my storage hard drive, i've copied it to zip disks, when it was small enough i even on a floppy disk, in case there was a fire at work and my hard drive at home crashes

but it always seems that every time i desperately need a phone number i'm nowhere near any computer

VII

now that we have the information superhighway we can throw out into the open our screams, our cries for help so much faster than we could before people want to instant message people buy their name as a domain name people get e-mail accounts people set up web pages

and you know, I got a cell phone I've got a land line but my phone isn't ringing off the hook

it's like I've gone fishing, sat on the boat in the lake, put out the bait

and no one's biting

VIII

i wanted to get in touch with an old friend of mine from high school, vince, and the last i heard was that he was off at university, and that was five years ago, he could be anywhere. i talked to a friend or two that knew him, but they lost touch with him, too. so i searched on the internet, to see if his name was on a website or if he had an email address. he didn't. so i figured i probably wouldn't find him. and all this time, i knew his parents lived in the same house they always did, i could just look up his parent's phone number in the phone book, and call them, say i'm an old high school friend of vince's, but i never did. and then i realized why.

you see, i could search the internet for hours and no one would know that i was looking for someone. but now, with a single phone call, i'd make it known to his entire family that i wanted to see him enough to call, after all these years. and i didn't want him to know that. so i never called.

IX

now that we have the information superhighway we can throw out into the open our screams, our cries for help so much faster than we could before

but then the question begs itself: who is there to listen

7

Burn It In

Once I was at a beach off the west coast of Florida it was New Year's eve and the yellow moon hung over the gulf like a swaying lantern. And I was watching the waves crash in front of me with a friend and the wind picked up and my friend just stared at that moon for a while and then closed his eyes. I asked him what he was thinking. He said, "I wanted to look at this scene, and memorize it, burn it into my brain, record it in my mind, so I can call it up when I want to. So I can have it with me always."

I too have my recorders. I burn these things into my brain, I burn these things onto pages. I pick and choose what needs to be said, what needs to be remembered.

Every year, at the end of the year I used to write in a journal recall the things that happened to me log in all of the memories I needed to keep because that was what kept me sane that was what kept me alive.

When I was younger I was studying to be a computer science engineer, I wanted to make a lot of money I wanted to beat everyone else because burned in my brain were the taunts of kids who were in cliques so others could do the thinking for them because burned in my brain were the evenings of the high school dances I never went to because burned in my brain were the people I knew I was better than who thought they were better than me. Well, yes, I wanted to make a lot of money I wanted to beat everyone else but I hated what I was doing I hated what I saw around me hated all the pain people put each other through and all of these memories just kept flooding me so in my spare time to keep me sane, to keep me alive I wrote down the things I could not say that was how I recorded things.

When I looked around me, and saw friends raping my friends I wrote, I burned into these nightmares with a pen and yes, I have this recorded I have all of this recorded. What did you think I was doing when I was stuffing hand-written notes into my pockets or typing long hours into the night? In my spare time, I wouldn't go to the movies to watch other's stories I'd sit in the corner of a cafe scribbling into my notebook. I'd sit in the computer lab slamming my hands, my fingers against the keyboard because there were too many atrocities in the world too many injustices that I had witnessed too many people who had wronged me

and I had a lot of work to do. There had to be a record of what you've done.

Did you think your crimes would go unpunished? And did you think that you could come back, years later, slap me on the back with a friendly hello and think I wouldn't remember? You see, that's what I have my poems for so there will always be a record of what you have done I have defiled many pages in your honor, you who swung your battle ax high above your head and thought no one would remember in the end. Well, I made a point to remember. Yes, I have defiled many pages and have you defiled many women? You, the man who rapes my friends? You, the man who rapes my sisters? You, the man who rapes me? Is this what makes you a strong man?

you want to know why I do the things I do

I had to record these things that is what kept me together when people were dying that is what kept me together when my friends went off to war that is what kept me together when my friends were raped and left for dead that is what kept me together when no one bothered to notice this or change this or care about this these recordings kept me together

I need to record these things to remind myself of where I came from I need to record these things to remind myself that there are things to value and things to hate I need to record these things to remind myself that there are things worth fighting for worth dying for I need to record these things to remind myself that I am alive

11

being god

I'm tired of dying for your sins over and over again and why is it that I am the one that's doing the dying when you are the one that's doing the sinning I don't think you're learning your lesson

I'm tired of taking this knife to my hands over and over again giving myself the stigmata the blood gets all over my clothes and I can never get the stains out and for what, for you to see how I suffer

I'm tired of being humble when I'm supposed to be the one with the power over and over again I become your servant and never are you bowing to me I don't even get a thank you

I'm tired of preaching to the converted when the converted aren't even really listening they're snoring in the back rows while I deliver my sermon and there's not even air conditioning in here and I'm sweating

I'm tired of coming to you and healing the sick taking away the problems, over and over again giving you something to look forward to and all I have is an eternity of waiting for someone to take my place and tend to my wounds

I'm tired of giving the earth up to you watching the devil's work be done, and you know, he's just sitting down there looking at me and laughing, over and over again because it's so easy for him when he doesn't have to work I'm tired of being your salvation over and over again you turn to me and I have no one to turn to but myself it's a bitch, you know, being your own god since no one can save me from me

I'm tired of being your teacher, handing you what you need on a silver platter and waiting for that damn collection plate and someone is always stealing out of it from the back row I know who you are, you who leave me nothing

I'm tired of wearing this crown of thorns over and over again the needles prick my skin and even gods bleed, at least this one does and when I ask you to wipe the blood out of my eyes, well, I can't see you anywhere

I'm tired of being something for everybody when everyone is nothing for me maybe the devil has the right idea, you know maybe I'll sit back and wait for you miss me as you wonder who's your messiah now

Death takes many forms.

It is winter now. The trees have lost their leaves; the city is covered in a thin layer of soot and snow. The grass is dead. In the sunless sky black birds circle overhead searching for prey. An eerie cold settles over everything. Nothing is growing anymore.

Death takes many forms.

For you, death first came when you were five years old and your mother had to give you three shots of insulin a day until you could take a needle to yourself. Did it hurt to push that needle into your arm, the first time? Or did it hurt you more to know you had no choice?

Death takes many forms. Death can be someone telling you without trying that they are losing their sight. Behind coke-bottle glasses you would see me and say, "That's a nice black suit you're wearing." And I would tell you, "It's green." And you wouldn't believe me. You wouldn't hear the howling wind of the changing seasons.

Death takes many forms. I know what follows the autumn wind. It is winter now. Do you remember when it happened? The changes are subtle, the temperature drops, first only slightly. It's almost imperceptible. Only when the first snow falls do you realize where the seasons have gone. Death takes many forms. Death can be a sweat-soaked shirt, the shakes, dizziness when you needed food. You would look as pale as a ghost as I would hold your cold wet arm and steady you. Quick, some sugar will make everything better. Isn't everything better yet?

Death takes many forms. The signs of death can come when you lose your circulation. "My feet are numb, Janet," you'd say. "I can't feel my feet anymore." And I would rub your feet for you, and you would say it makes a difference, you feel better.

If only I could do this forever.

Death takes many forms. I said good bye to you to travel my own road but I didn't think it was the last good bye. How was I to know?

When I left, I knew you didn't want me to go. And now it's my turn.

Why are we always saying good bye to each other?

Are you trying to teach me a lesson? Because if you are, well, I've learned it. Trust me, I have. You can come back now. Death takes many forms. And now, now it seems you've taken me down with you you've taken me into that casket with you and I'm running my hand along your jacket lapel and I can feel the coldness of winter all around me and I can hear them shoveling the dirt over my head and I want to get out and I want to take you with me.

Death takes many forms. Death can be that hole you left, you know, right over here, just a little to the left. I keep wondering when the pain will go away. When will everything be better.

You once showed me that winter could be beautiful. Instead of the dark and dirty snow lacing the city streets you showed me a quieting snowfall, over a lake at your parent's back yard glistening in an untouched whiteness. I told you I hated winters and you told me, "This you don't hate."

Well, I'm still learning.

It is winter now. And death takes many forms. The seasons change for you and I. It is snowing. And something is ending. It is snowing. Somewhere it is snowing.

everything was alive and dying

I

I had a dream the other night I walked out of the city to a forest and there were neatly paved bicycle paths and trash cans every fifty feet and trash every ten

and then a raccoon came right up to me she had a few little baby raccoons following her, it was so cute, I wish I had my camera

and she spoke to me, she said, thank you thank you for not buying furs, I know you humans are pretty smart, you have to be able to figure out a way to keep yourselves warm without killing me

and I said, you know they don't do it for warmth, they do it for fashion, they do it for power. And she said I know. But thank you anyway.

Π

Then I walked a little further and there was a stray cat she still had her little neon collar on with a little bell and she walked a few feet. stretched her front paws, oh, she looked so darling and then she walked right up to me and she said thank you and I said for what? And she just looked at me for a moment, her little ears were standing straight up, and then she said, you know, in some countries I'm considered a delicacy. And I said how do you know of these things? And she said when somebody eats one of you word gets around and then she looked up at me again and said, and in some countries the cow is sacred. Wouldn't they love to see how you humans prepare them for slaughter, how you hang them upside-down and slit their throats so their still beating hearts will drain out all the blood for you and she said isn't it funny how arbitrary your decision to eat meat is? and I said, don't put me in that category, I don't eat meat and she said I know

III

And I walked deeper in to the forest managed to get away from the picnic tables and the outhouses that lined the forest edges the roaring cars gave way to the rustling of tree branches crackling of fallen leaves under my step

when the wind tunneled through the wind whistled and sang as it flew past the bark and leaves

I walked listened to the crack of dead branches under my feet and I felt a branch against my shoulder I looked up and I could hear the trees speak to me, and they said thank you for letting the endangered animals live here amongst us we do think they're so pretty and it would be a shame to see them go and thank you for recycling paper because you're saving us for just a little while longer

we've been on this planet for so long embedded in the earth we do have souls, you know you can hear it in our songs we cling with our roots we don't want to let go

and I said, but I don't do much, I don't do enough and they said we know but we'll take what we can get

IV

and I woke up in a sweat

V

so tell me, Bob Dole so tell me, Newt Gingrich so tell me, Pat Bucannan so tell me, Jesse Helms if you woke up from that dream would you be in a sweat, too?

VI

Do you even know why we should save the rain forest? Oh preserve the delicate balance, just tear the whole forest down, what difference does it make? Put in some orange groves so our concentrate orange juice can be a little cheaper

did you know that medical researchers have a very, very hard time trying to come up with synthetic cures for diseases on their own? It helps them out a little if they can first find the substance in nature. A tree that appears in the rain forest may be the only one of its species. Or one like it may be two miles away, instead of right next to it. I wonder how many cures we've destroyed to plant more orange groves. Serves us right.

20

letting it all out

VII

You know my motives aren't selfless I know that these things are worthwhile in my life

I'd like to find a cure to these diseases before I die of them and I'm not just a vegetarian because I think it's wrong to kill an animal unless I have to I also know the excess protein pulls the calcium away from my bones and gives me osteoporosis and the excess fat gives me heart attacks and I also know that we could be feeding ten times more people with the same resources used for meat production

You know, I know you're looking at me and calling me an extremist but I'm sitting here, looking around me looking at the destruction caused by family values and thinking the right, moral, non-violent decisions are also those extreme ones

VIII

everything is linked here we destroy our animals so we can be wasteful and violent we destroy our plants we destroy our earth we're even destroying our air we wreak havoc on the soil, on the atmosphere we dump our wastes into our lakes we pump aerosol cans and exhaust pipes

and you tell me I'm extreme

and these animals and forests keep calling out to me the oceans, the wind and I'm beginning to think that we just keep doing it because we don't know how to stop and deep inside we feel the pain of all that we've killed and we try to control it by popping a chemical-filled pain-killer

we live through the guilt by taking caffeine, nicotine, morphine and we keep ourselves thin with saccharin and we keep ourselves sane with our alcohol poisoning and when that's not enough maybe a line of coke

maybe shoot ourselves in the head in front of the mirror in the master bedroom or maybe just take some pills walk into the garage, turn on the car and just fall asleep

in the wild you have no power over anyone else

now that we're civilized we create our own wild

maybe when we have all this power the only choice we have is to destroy ourselves

and so we do

True Happiness in the New Millennium

"The only true freedom is freedom from the heart's desires And the only true happiness this way lies"

- Matt Johnson

I'm here to usher in a whole new millennium I'm the new savior the savior of science the savior of strength the savior of survival survival of the fittest survival of the best and I'm here to tell you we're starting anew so fasten your seat belts hang on to your hats place your seat trays in their upright and locked position for it's a bumpy ride, and I'll tell you why

I'm here to usher in a whole new millennium the millennium of reason and logic and strength and I don't want to hear about your self-destruction I don't want to hear your whining, psychosis, your depression, suicide, alcohol and drugs and just what made you think that playing with needles and escape would make things better somehow

God, I've always hated needles anyway what is it with you people

well, you need a leader and I'm stepping up to the plate you keep asking for a big brother and I'm here to set you straight you want someone to wipe your noses for you well, pick up the damn tissue and do it yourself because when you give up your rights, you take away mine and we're not having any of that I'm here to usher in a whole new millennium and you say to me you need crystal meth so you can stay awake through work and you say to me that you don't need to drink, that you just like the taste and you say to me that with all your escapism you still don't feel any better and you say to me that sometimes suicide is the only answer

I'm here to usher in a whole new millennium I'm here to usher in a whole new generation so stop asking for things and start working for things because X is for ecstasy as long as it's fast and X is for extra but there's always a cost and ecstasy doesn't come without extra work no matter how many corners you cut and you know, X is for X-Ray and I see right through that

they say that Eve ate from the tree from knowledge but you know, she shouldn't have stopped just then cause the loggers are raping the trees of knowledge the loggers are raping the forests of talent the forests of ability the forests of reason of skill of logic perseverance and life we're letting them rape the forests of excellence and you know it's now time to take it all back because I'm here to usher in a whole new millennium and I'm here to tell you how it's going to be done

you're looking for peace in all the wrong places you're asking your leaders to save you from yourself but your leaders are losers and they're worse off than you

I'm here to usher in a whole new millennium where it's time to take charge and it's time fess up only you can deliver you from your own sins but first you must know what sin really is it's time to make choices and it's time to lay claim to everything we've been blindly giving away because I'm here to usher in a whole new millennium take charge of yourself, and I'll take charge of me I'm my leader, not yours, so wipe your own damn noses

take it in to your hands, people, mold your own tools this is the new millennium, and this is your chance because no one should be showing us how to fail people mastered that feat a millennia ago so set your own rules and do something fast cause it's time to take charge and it's time to be alive

I'm here to usher in a whole new millennium And I'm waiting for you to usher in yours Because true happiness this way lies, my friend and I won't wait long if you lag behind cause I'm setting my rules so step out of my way

I'm here to tell you there's a new sensation and I'm here to tell you there's a new salvation and that true happiness this way lies

I'm not sick but I'm not well

I'm not sick but I'm not well and I'm sure there's something I can do about this I've popped the aspirin the tylenol the ibuprofen the codine the prozac the sleeping pills and that thermometer is down my throat and I'm gagging

I'm not sick but I'm not well the doctors find nothing wrong with me and believe me, they've taken the x-rays they've striped me down and made me wear one of those awful paper robes and they've felt me up and checked me out and found what they were looking for but didn't find anything I was looking for

I'm not sick but I'm not well and I can't help but think that everything I'm doing to make things better might only be making things worse so I don't want to listen to what you have to say anymore and I want this IV out of my arm and I want this oxygen tube out from my nose and I want this suppository out of my ass and I want you to get that scalpel away from me because I want everything I've got I'm not sick but I'm not well and they want me if they can keep me in line and they want me if they can cut me open and take out my insides and suck out the fat and suck out the life and make me generic and make me dependent make me unreal make me not whole and i've walked that line with all you doctors and I want all my parts back and I want to be healthy

no, I'm not sick and maybe I'm not well but you're only making me worse I don't have the answers but neither do you so instead of tearing me apart and dissecting me and studying the bones let me just stay together for a while until I figure it all out

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Compact Discs: Mom's Favorite Vase the demo tapes, Kuypers the final (MFV Inclusive), Weeds and Flowers the beauty & the desolation, The Second Axing Something is Sweating, The Second Axing Live in Alaska, Pettus & Kuypers Live at Cafe Aloha, Pointless Orchestra Rough Mixes, Kuypers Seeing Things Differently, 50/5D Tick Tock, Kuypers Change Rearrange, Order From Chaos The Entropy Project, Kuypers Six One One, Kuypers Stop., Kuypers Masterful Performances mp3 CD, Kuypers Death Comes in Threes, Kuypers Changing Gears, Kuypers Dreams, Kuypers How Do I Get There?, Kuypers Contact - Conflict • Control, the DMJ Art Connection the DMJ Art Connection, Kuypers Questions in a World Without Answers, Kuypers SIN, Kuypers WZRD Radio (2 CD set), Mam's Favorite Vase and The Second Axing These Truths, assorted artists String Theory, Oh (audio CD), Life At The Cafe (3 CD set), the DMJ Art Connection Indian Flux, the DMJ Art Connection Manic Depressive or Something, Chaotic Radio Chaotic Radio Week #1, Chaotic Radio Conto Collection #01-05 (5 CD set) etc. (audio CD, 2 CD set), Chaotic Radio Chaotic Radio Week #4, Chaotin (Radio Chaotic Radio Week #5, Chaotic Radio Chaotic Collection Roll-Stop (5 CD set) etc. (audio CD, 2 CD set), Chaotic Elements (2 CD set), Chaos in Motion (6 CD set), SD/5D Screeching to a Halt (EP), PB&J two for the Price of One (EP), Kiki, Jake and Haystack An American Portuit, Kuypers/the Bastard Tria/Paul Baker/the JaAnne Powlers Tria Fusion (4 CD set), Kuypers packasts the Evolution of Performance Art (13 CD set), Kuypers Live (14 CD set), the DMJ Art Connection the Things They Did to You (2 CD set), Kuypers Seeing a Psychiatria (3 CD set), Kuypers St. Paul's (3 CD set), Kuypers the 2009 Poetry Game Show (3 CD set), Kuypers and the HA!man of South Africa Burn Through Me (2 CD set)