Restoring the Nature of the Universe

Janet Kuypers poetry benefit feature for the restoration of Tablerock Theater

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All writings in this benefit feature are edited versions of the originals that appear in the books "The Universe is in Your Hands", "Twitter Verse Periodic Table Poetry", and "Every Element of the Yerar (volume Two: July-December)".

cover photo: John Pliska photo of Tablerock superimposed over the Cosmic Cliffs in the Carina Nebula NIRCam Image from the James Webb Space telescope.

journal entry from Canyonlands National Park. Utah

There were no towns for at least forty miles, and no clouds in the sky. It was absolutely amazing. We could see the Milky Way <u>very</u> clearly, and in the winter sky we could easily spot constellations spanning the sky, dropping into the horizon. I don't know if I have ever seen that many stars in the night sky before.

Sitting on a white sandstone rock, he finally spoke.

"Looking up at these stars, doesn't it make you feel so insignificant?"

My eyes must have been saucers, looking up at the night sky with a grin I couldn't remove from my face. "Not at all. I could never think that."

"How could you not?"

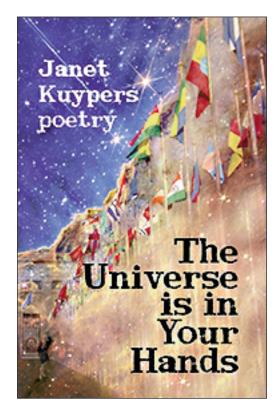
I told him that I can't look at my life as insignificant, that line of thinking leads to defeatism. I can't think that way, for how could I function if I thought I was insignificant?

I looked at these stars and thought that this was science, something I could learn from. The constancy of the stars comforted me: these were the same stars I looked at when I was a child. I told him that in my opinion, the science of astronomy is beautiful, in this inherently beautiful night sky.

I told him that I loved the understanding we can gain about our world by studying other planets and stars and galaxies and I loved the fact that I was <u>on</u> one of those planets, and have this unique opportunity to actually <u>look at</u> and <u>contemplate</u> the night sky. Tiny or not, I have the mind to understand that I am connected, and am somehow a part of this amazing Universe, especially on nights like this when I am surrounded by so many stars. *That* could <u>never</u> make me feel small.

Who Had the Real Power on Planet Earth

Roll your eyes at going to the first Taco John's of the franchise And don't question how odd it is that a Tex-Mex fast-food joint Got its start in, of all places, Wyoming. But <u>make the trip to Yellowstone</u>, for like clockwork That Old Faithful geyser will give you that postcard-perfect Picture. But what else are you going to see, unless you search For the nearest glacier to walk on top of. Just be careful when Winds pick up, and like instinct you'll crouch to the ground to protect yourself from mother nature. Because I don't care If you love the high-rises of downtown cities in the States, great views from enclosed skyscrapers is one thing... It's another to face the elements of nature head-on To truly understand who has the real power on planet Earth.



Volcano Lava Along the Road

After receiving ashes from Mt. St. Helens, After snorkeling Oahu beaches emerging from lava beds, After walking the ruins of Pompeii from Mt. Vesuvius,

After walking the sunken caldera of Deception Island — Antarctica's volcano — or along Galapagos lava beds, After looking past Earth to volcanoes on our *own* moon,

Astronomers called the moon's dark spots "seas", made After not water, but *lava*... and hearing of more & more Volcanic eruptions

that you better not attribute to global warming,

After all this time, I've been starting to understand how Volcanoes made 80% of all of the Earth's surfaces — After they formed our early oceans and atmosphere too.

That may be why I drove the roads of New Mexico — *this time*, to just drive on highways,

Pull over anywhere along Mount Taylor to pick up red or Black football-sized chunks of lava. And no, you're not *Stealing* them, because so many young volcanoes are *so*

Abundant there that you *look* for things like Mesas to Break up the outdoor museum of volcanoes that *is* New Mexico. So, *I* say, take a drive that way. See for yourself.

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Janet Kuypers

Would you like some cesium with your honey?

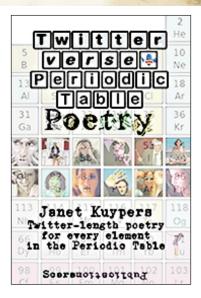
Cesium-137 from nuclear fission blankets our sky after Cold War tests



it falls globally but a U.S. professor found East Coast honey had 100X more Cesium-137

for low-potassium soil there means plants soak Cesium instead

from plant nectar to bees voilà a sweet radioactive treat



How Real the Gulf Feels

If you're flying in from across the country, you'll feel that Heat and humidity before you even step off the plane.

If you were starting at the tourist stops, Leave Disneyworld and fly down to the smaller Naples airport instead, down at the end of Radio Road.

If they still offer it, spend the small bit of Coin to learn how to *fly* an airplane, for once you Reach altitude they'll let you take control of steering,

Look down to see trees swaying, rte. 41, that goes through Chicago into Wisconsin, and yes, down here it's also called Tamiami Trail, and yes, It *does* go *to* Miami, but learn how to say it properly...

and sense how real that Gulf feels is when you literally fly by it.

But after you've seen it from up above, Go further south, forget the tours and rent a rowboat

To make your own journey though the Everglades, the largest tropical wilderness In the U. S. and the third-largest national

Park in the contiguous United States. Due to past efforts to drain the marshland,

the Everglades is half the size it was a Century ago, so I'm telling you, take this Moment to forget the tourism of this state — instead,

Rent a rowboat, because this is the Pure way to immerse yourself in the sounds, The desolation, the immense peace you'll finally feel.



Knowingly Live. Purposely Live

life is as precious and as deliberate as you choose it to be

we all make choices without thinking about it

which is why we may wonder how we got into this hole

and how on earth can we get out —

and through all this mess we only feel lost

#

For it is only after we make that conscious choice

to act on our beliefs that we begin to feel alive again.

oh, you <u>talk</u> about beliefs, it's all overreacting, we've been fine all along this is just how everyone lives

yes, and everyone wallows in the pit that no one remembers

falling into

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so stop passively letting others

dictate your lives and control you

step out and <u>say</u> something

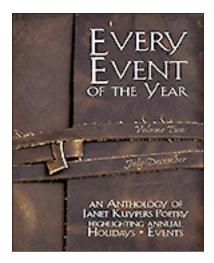
because civil disobedience isn't the act of the insane

it is a measure people take

when they realize things have gone too far

and they can't just sit back and do nothing

#



if you are lost seek the truth as all philosophers do, for the definition of a philosopher is a person who seeks the truth and the true key may be

to live simply, to live in harmony with nature

and commune with our surroundings

once you do that it will seem simple

to live deliberately, to live strategically

and suddenly, once you begin

to think through life, you're see that

you're no longer lost

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